



COURAGE
IN COLOUR

**DON'T
JUST
FLY
SOAR!**

**HEROES OF
EVERY DAY**

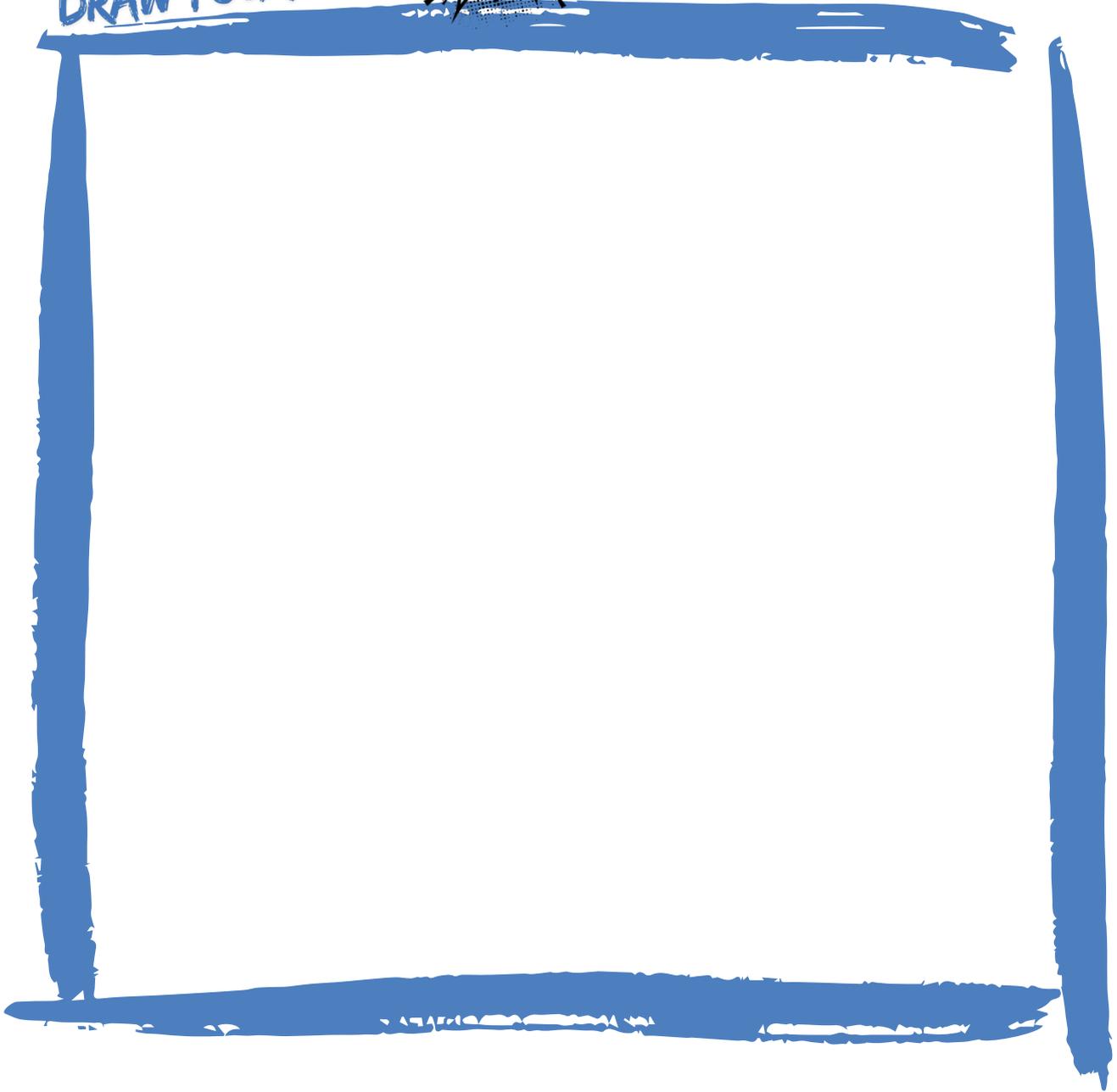
The
Sixth
Child.

**A REAL HERO ISN'T THE ONE WITH A CAPE
IT'S THE ONE WHO NEVER GIVES
UP. AND THAT HERO IS ME!**

HERO NAME:

YOUR SUPERPOWER:

DRAW YOUR OWN SUPERHERO







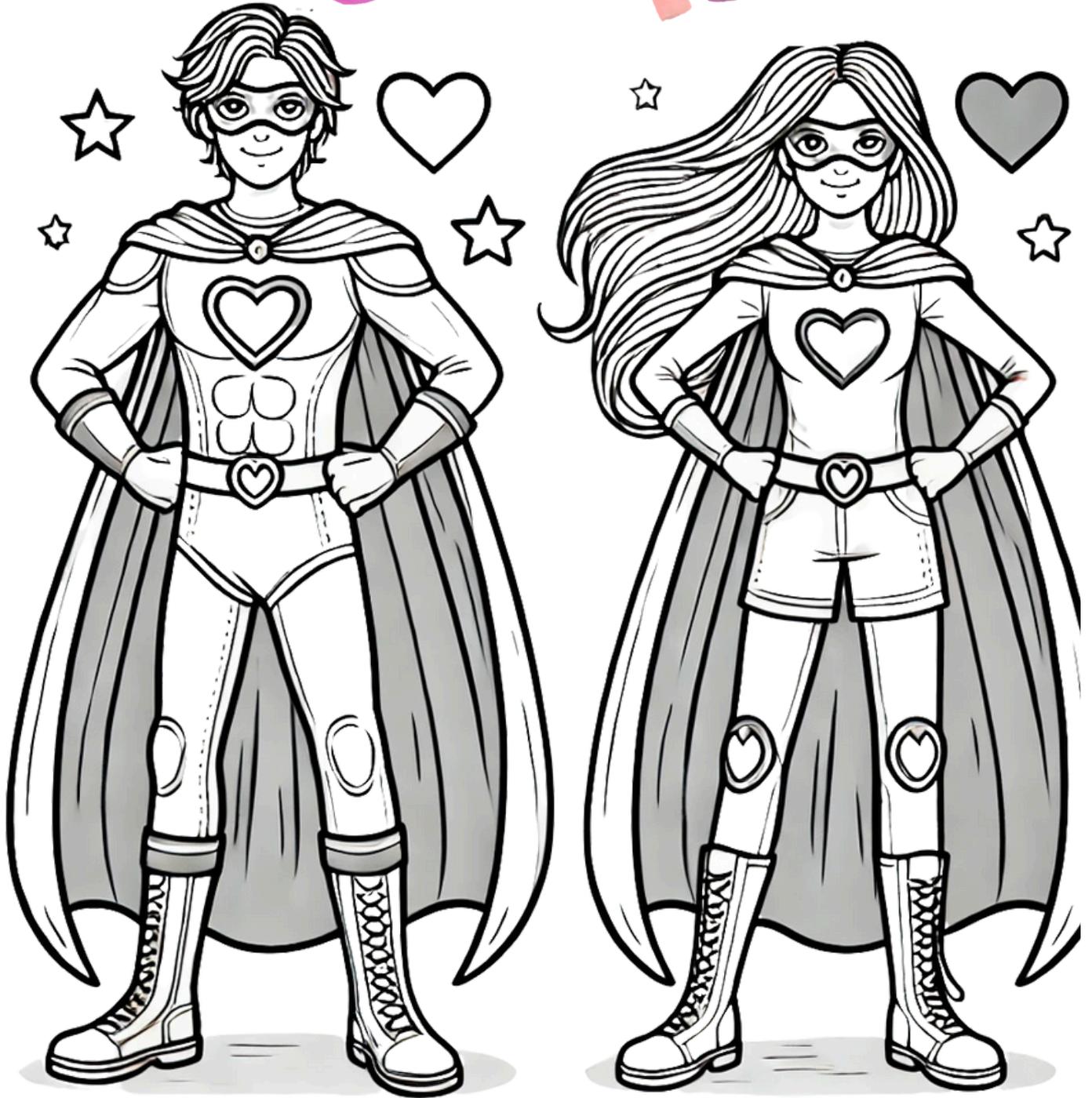
BE THE

BEST

VERSION

OF YOURSELF

YOU GOT THIS!



"YOUR POTENTIAL IS ENDLESS
HAVE THE COURAGE TO UNLOCK IT."

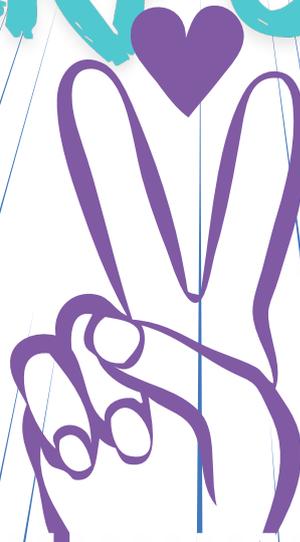


IT'S COOL
TO BE KIND

I AM MY OWN SUPERHERO.

**MY KINDNESS,
COURAGE, AND
DETERMINATION
ARE MY
SUPERPOWERS**

**KIND IS
THE NEW
COOL**



**Make IT
HAPPEN**

LEVEL
UP







I AM STRONG
I AM CAPABLE
I AM RESILIENT

✓ believe
✓ achieve
✓ succeed

**EVEN SUPERHEROES FALL, BUT
THEY ALWAYS GET BACK UP.**

**I AM STRONG
ENOUGH TO
KEEP GOING.**

**STAY
DETERMINED!**

**GET
BACK
UP**

it's
**GONNA
BE ok**



**MY HEART IS MY
SUPERPOWER.**

**WHEN I CHOOSE
KINDNESS AND
BRAVERY, I BECOME
UNSTOPPABLE.**

SUPER

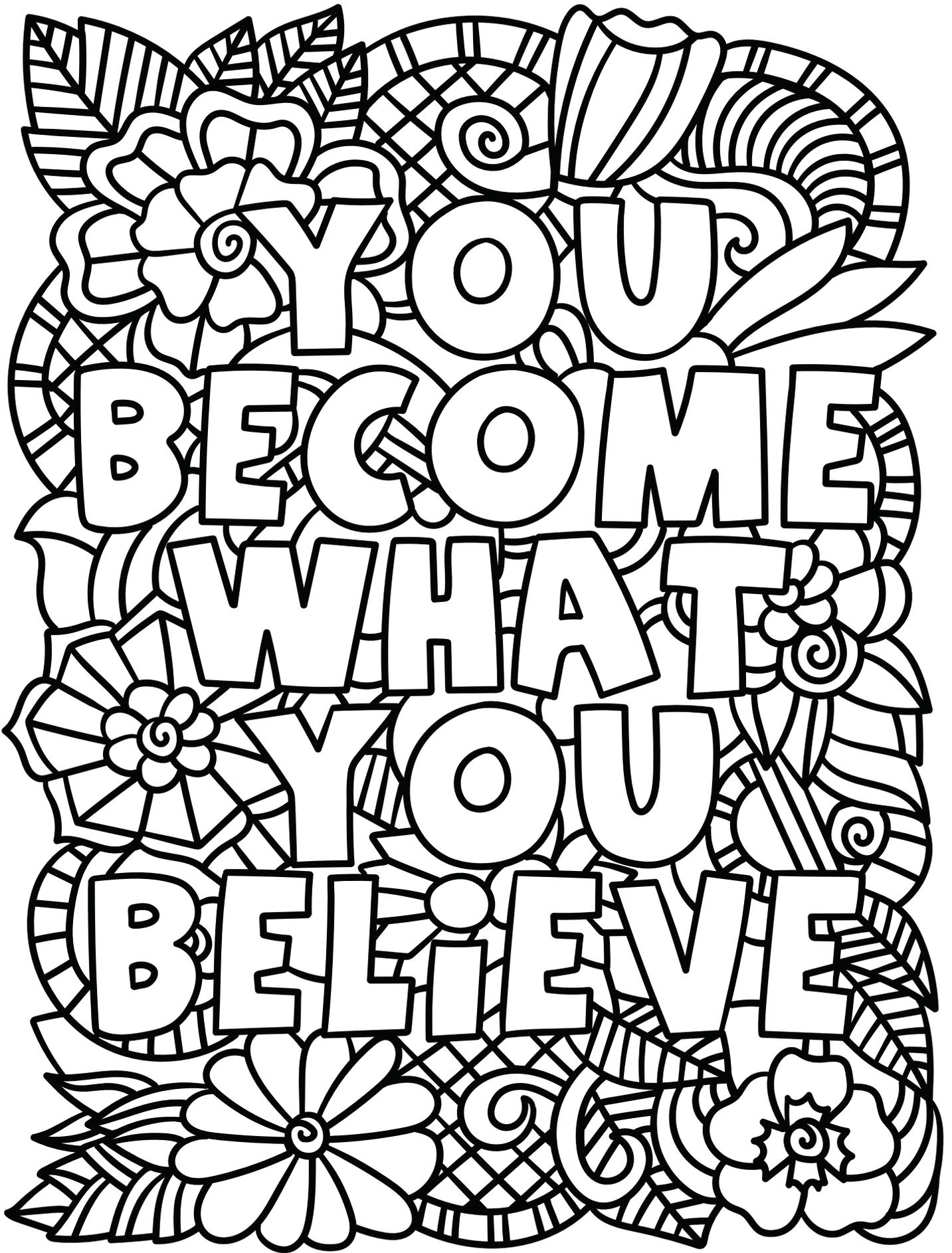


**⇒ You're ⇒
Powerful**

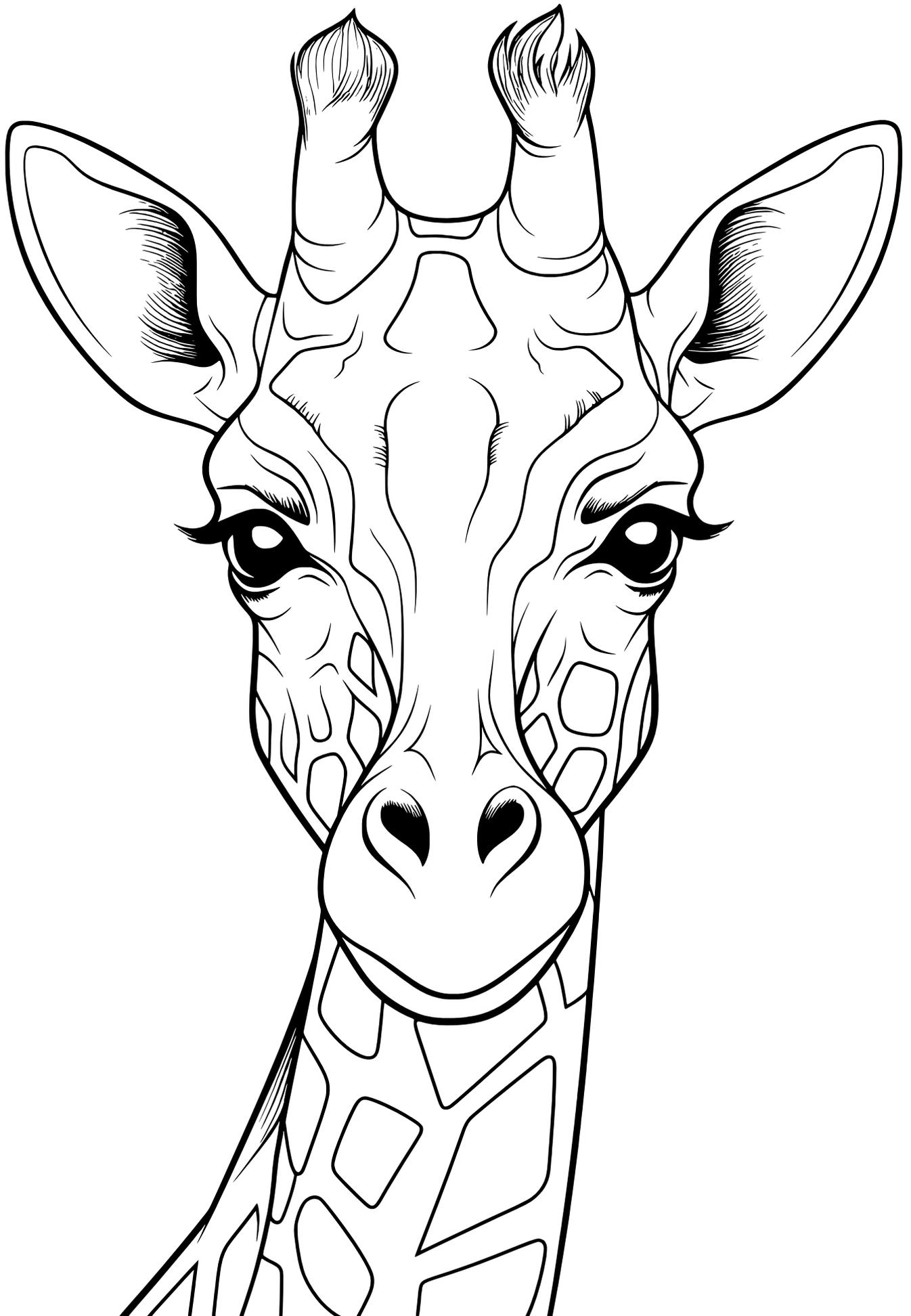
BE
RESILIENT!

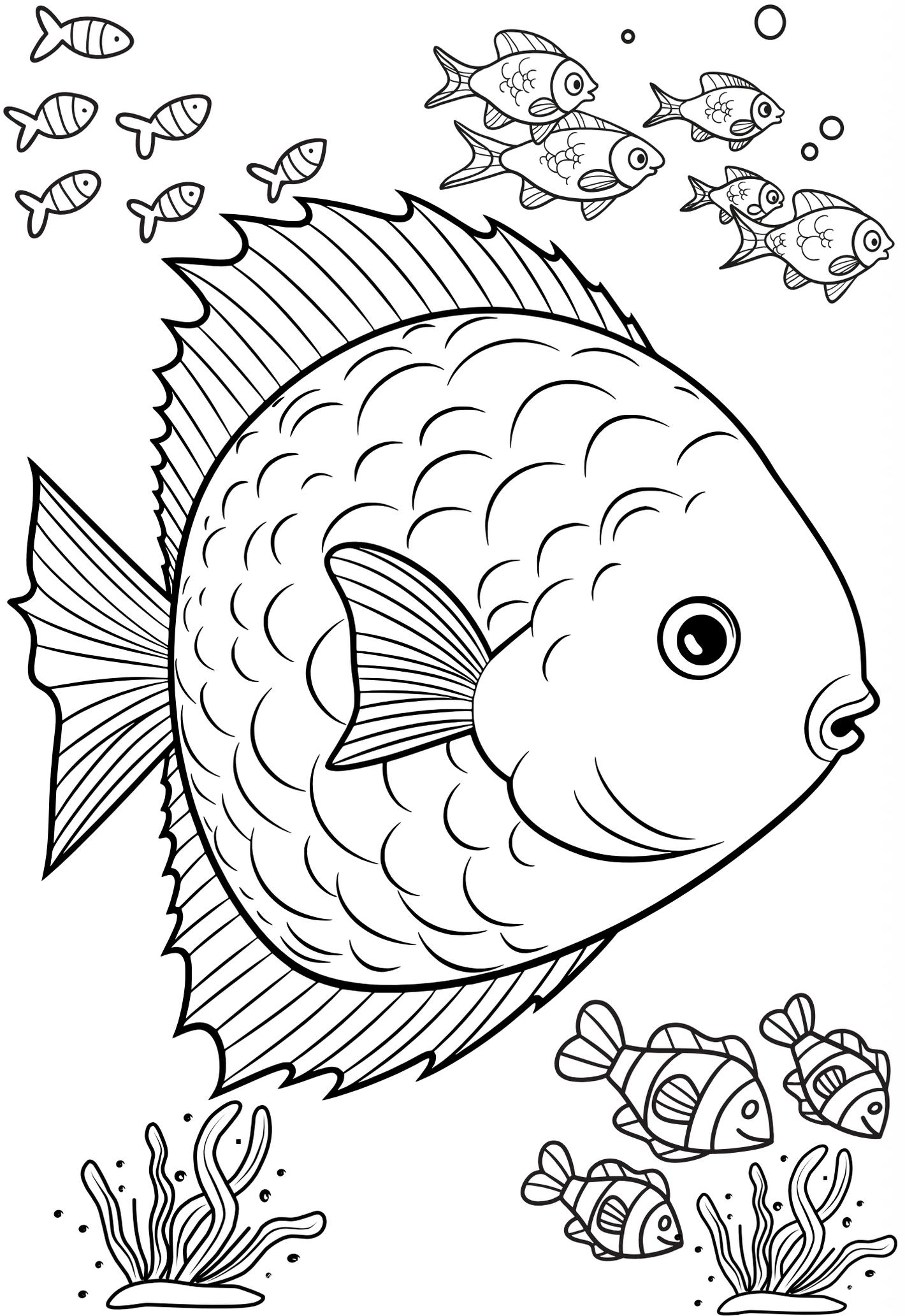


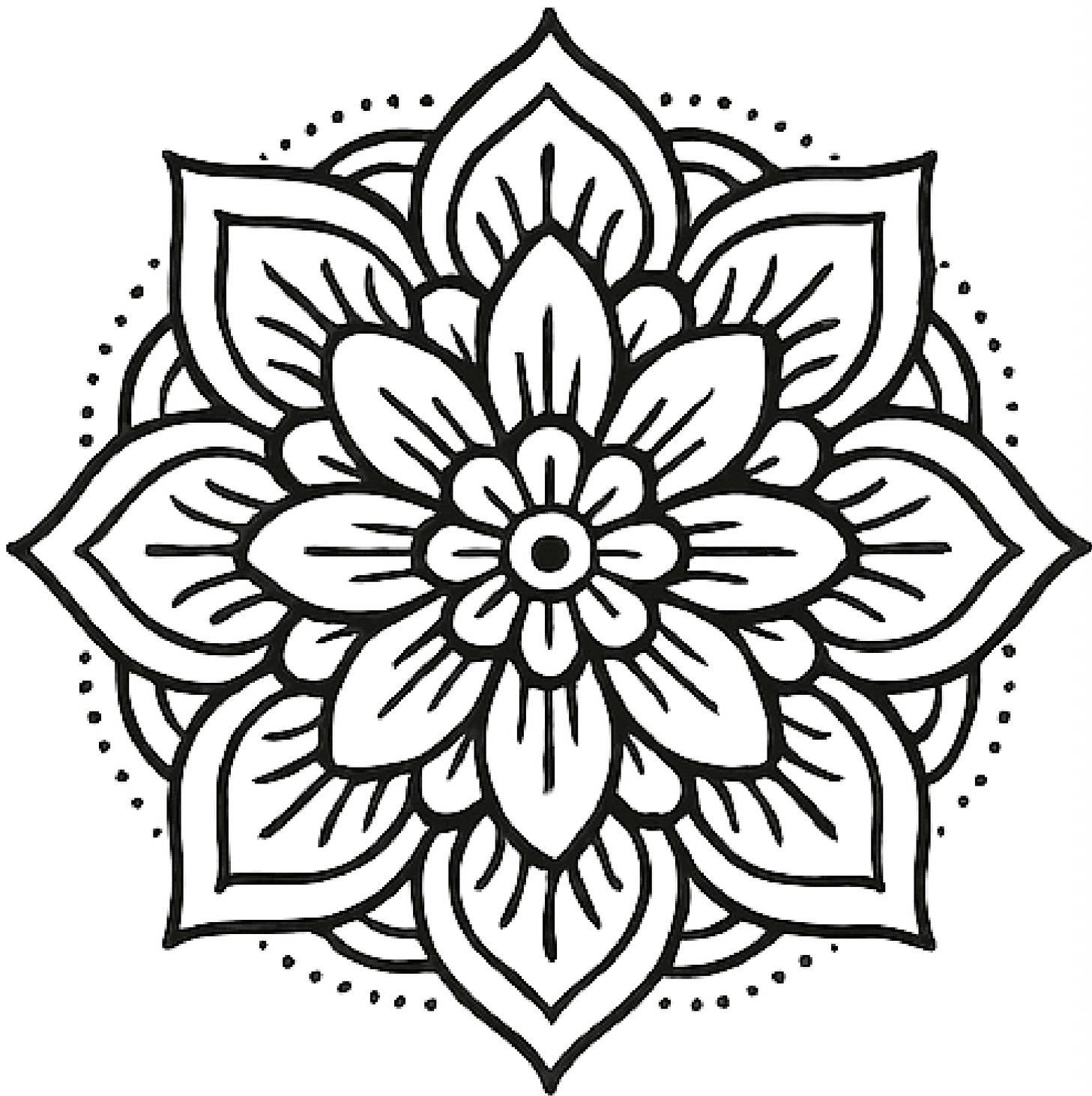
***"BRAVERY ISN'T ABOUT NOT BEING AFRAID
IT'S ABOUT TAKING ACTION DESPITE THE FEAR."***





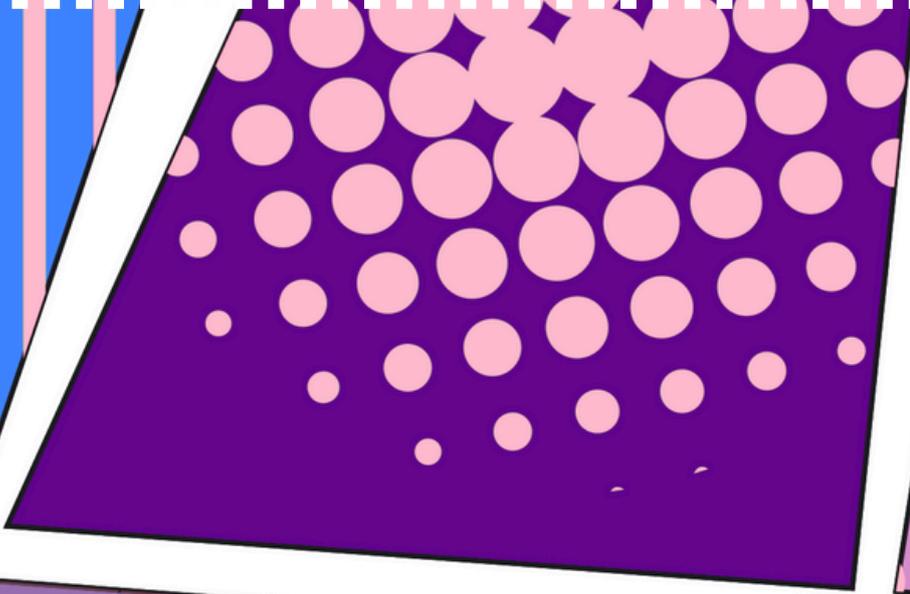
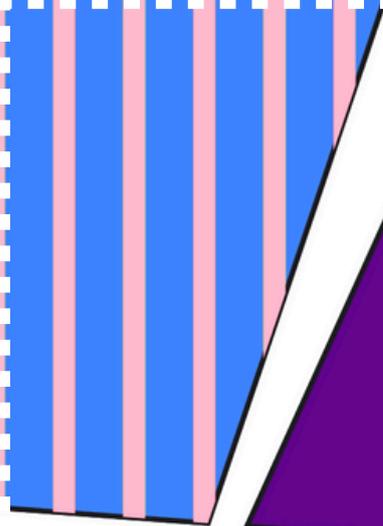






Be Kind





MY SUPER COURAGE JOURNAL



Step out
of your
comfort
ZONE.

